

Louise Holden

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PROFILE

Masters of Architecture graduate from Manchester School of Architecture, who is confident using a variety of skills and thinking creatively to explore new and different concepts. I have evolved my interests from biophilic design to feminist spaces and deep diving into each of these to find a love for healthcare and wellbeing spaces to help improve inequalities in architecture. I would like to continue to investigate sustainable, natural design to improve the impact the construction industry has on the environment.

EDUCATION & AWARDS

Manchester School of Architecture- Masters Degree
MArch Architecture 2024- Present (graduate July 2026)

Oxford Brookes University- 2:1 Bachelor's Degree
BA (Hons) Architecture, 2019-2022

6th Year University Work Nominated for: [2026]

- 'the sports' ARCHIVE Student Design Award
- 3rd Year Architecture Work Nominated for: [2022]
- KCA Architects Prize
- The Design Engine Architect Prize

University of Bath Engineering Summer School [2018]

KEY SKILLS

- Technical skills including; Autocad, Rhino and Adobe Applications
- Strong leadership and communication within a team to take onboard everyone's suggestions to come to a solution
- Range of experience across all RIBA stages
- Enthusiastic and energetic, providing a positive and inclusive environment

ARCHITECTURE WORK EXPERIENCE

Architectural Assistant Part 1 | Thompson & Bradford Architects LTD

Sept 2022- Oct 2023

During my Part 1, I experienced a range of skills throughout the RIBA stages of work, meeting clients, drawing planning applications and building regulation drawings on AutoCAD, meeting with builders and contractors throughout construction and visiting projects after completion to check client satisfaction. The projects ranged from residential, to listed properties and church's which showed different hurdles to overcome.

- **Surveying** Sites for residential conversions.
- **Understanding** listed property requirements.
- Forming **relationships** with clients, builders and structural engineers.

Volunteer Researcher | Planted Community

Dec 2022- May 2023

- Allowing me to **pursue my passion** in Biophilic architecture
- Forming **connections** in the industry.

Architecture Work Experience | D-lab Studios

Jul 2018 (2 weeks)

For this work experience, I focused on learning physical model making skills and exploration of shapes and materials. This experience started my journey in biophilic architecture and the connection to wellbeing.

- **Experimenting with materials and scales** to learn how to feel the physical properties of a material, in model making.
- Learning how to use **natural, organic shapes** and forms in architecture creatively
- Producing a 1000 paper cup sculpture as an experiment for a bus shelter design

Architecture Work Experience | Atelier Architecture and Design

Jun 2017 (2 weeks)

- I was asked to work on a project for a client wishing to develop their Grade 2 listed property to **fulfil their needs** of a new family life.
- **Understanding the brief** of the project and working with the clients wants and needs.

OTHER WORK EXPERIENCE

Social Media Team Lead | The Egalitarian

February 2025- Present

Outdoor Activity Instructor | Hertfordshire Scouts | The Outdoors Project

May 2024- Present

Scout Leader & Trustee | 1st Wilstone & Long Marston

September 2022- Present

Lifeguard | Tring Sports Centre | City of Oxford Swimming Club

Jun 2017 to Aug 2022

Classroom Assistant (community involvement scheme) | Marsworth CE Infant School

Sep 2018 to Dec 2018

Swim Coach Volunteer | Berkhamsted Swimming Club

Nov 2014 to Aug 2019

Waitress | Bluebells Cafe

Jun 2016 to Sep 2016

These additional experiences have gained me confidence in skills such as leadership and teamwork which can be transferred into Architecture

QUALIFICATION & AWARDS- OTHER

Archery GB Instructor Qualification Oct 2024- Present
Ropes, Climbing and Abseiling (In house)- May 2025- Present

Silver Duke of Edinburgh [2018]

Lifeguard (NPLQ) [2017]

Bronze Duke of Edinburgh [2017]

Swimming Qualified Time Keeper [2014]

INTERESTS

Product Design and at home DIY projects

Art & photography

Travelling; 6 months around Australia and SEA 2023-24

Swimming/ Running (Marathons)- fitness

Cooking and Baking

Scouting/ Expeditions